

APRIL						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Off	2 Off	3 Off	4 Off	5 Off	6 Off	7 Off
8 Off	9 Off	10 Off	11 Off	12 Off	13 Off	14 Off
15 Gym	16 Gym	17 Gym	18 Gym	19 Gym	20 Gym	21
22 Gym	23 Gym	24 Gym	25 Gym	26 Gym	27 Gym	28
29 Gym	30 Gym					
MAY						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Gym	2 Off	3 Gym	4 Off	5
6 Off	7 Gym	8 Gym	9 Gym	10 Gym	11 Gym	12
13 Award week	14 Award week	15 Award week	16 Award week	17 Award week	18 Gym	19
20 Gym	21 Gym	22 Gym	23 Off	24 Gym	25 Gym	26
27 Off	28 Gym	29 Gym	30 Gym	31 Gym		
JUNE						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1 Gym	2
3 Gym	4 Gym	5 Gym	6 Gym	7 Gym	8 High peak competition Open to all	9 High peak competition Open to all
10 Gym	11 Gym	12 Gym	13 Gym	14 Off gage	15 Off gage	16 Off gage
17 Off gage	18 Off gage	19 Off gage	20 Off gage	21 Off gage	22 Off gage	23 Off gage
24 Off gage	25 Off gage	26 Off gage	27 Off gage	28 Off gage	29 Off gage	30 Off gage

JULY						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Gym	2 Gym	3 Gym	4 Gym	5 Gym	6 Olympian comp Team only	7 Olympian comp Team only
8 Gym	9 Gym	10 Gym	11 Gym	12 Gym	13 Gym	14
15 Gym	16 Gym	17 Gym	18 Gym	19 Gym	20 Gym	21
22 Game week	23 Game week	24 Game week	25 Game week	26 Game week	27 Off	28 Off
29 Off	30 Off	31 Off				
AUGUST						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Off	2 Off	3 Off	4 Off
5 Summer course 4:30-7:15	6 Off	7 Off	8 Summer course 4:30-7:15	9 Off	10 Summer course 9-1	11 Off
12 Summer course 4:30-7:15	13 Off	14 Off	15 Summer course 4:30-7:15	16 Off	17 Summer course 9-1	18 Off
19 Summer course 4:30-7:15	20 Off	21 Off	22 Summer course 4:30-7:15	23 Off	24 Summer course 9-1	25 Off
26 Off	27 Off	28 Off	29 Off	30 Off	31 Off	

SEPTEMBER						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1 Off
2 Gym	3 Gym	4 Gym	5 Gym	6 Gym	7 Gym	8
9 Gym	10 Gym	11 Gym	12 Gym	13 Gym	14 Gym	15
16 Gym	17 Gym	18 Gym	19 Gym	20 Gym	21 Gym	22
23 Award week	24 Award week	25 Award week	26 Award week	27 Award week	28 Gym	29
30 Gym						
OCTOBER						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Gym	2 Gym	3 Gym	4 Gym	5 IGA COMP Team only	6 IGA COMP Team only
7 Gym	8 Gym	9 Gym	10 Gym	11 Gym	12 Gym	13
14 Gym	15 Gym	16 Gym	17 Gym	18 Gym	19 SPOOKY COMP Rec girls and boys no team	20 SPOOKY COMP Rec girls and boys no team
21 Gym	22 Gym	23 Gym	24 Gym	25 Gym	26 Off	27 Off
28 Off	29 Off	30 Off	31 Off			

NOVEMBER						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 Off	2 Off	3 Off
4 Gym	5 Gym	6 Gym	7 Gym	8 Gym	9 Gym	10
11 Award week	12 Award week	13 Award week	14 Award week	15 Award week	16 Gym	17
18 Gym	19 Gym	20 Gym	21 Gym	22 Gym	23 Gym	24
25 Gym	26 Gym	27 Gym	28 Gym	29 Gym	30 JACK FROST COMP Open to all	
DECEMBER						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1 JACK FROST COMP Open to all
2 Gym	3 Gym	4 Gym	5 Gym	6 Gym	7 IGA COMP Team only	8 IGA COMP Team only
9 Gym	10 Gym	11 Gym	12 Gym	13 Gym	14 Christmas themed week	15
16 Christmas themed week	17 Christmas themed week	18 Christmas themed week	19 Christmas themed week	20 Christmas themed week	21 Off	22 Off
23 Off	24 Off	25 Off	26 Off	27 Off	28 Off	29 Off
30 Off	31 Off					